

WOMEN'S HEALTH EXPO

Seminar Program



SATURDAY 7

SEMINAR ROOM A

- Time**
- 10.30 Australian Homoeopathic Association**
- 11.00 The Cancer Institute NSW - Cancer Screening Saves Lives**
 The Cancer Institute NSW is responsible for managing some of the most effective screening programs available in NSW today. Early detection is key to minimising the risk of cancer. Join our panel of experts from BreastScreen NSW, Bowel Screen NSW and Cervical Screen NSW as they explain the life-saving benefits of screening. You'll learn: Who should screen? How are screens performed? Quality assurance. The impact screening programs have in identifying and reducing cancer mortality within the community.
- 11.45 Osteoporosis NSW - What is Osteoporosis with Janine Dawson**
 How can I maintain a good level of calcium? How does calcium help to keep my bones healthy?
 How is Osteoporosis diagnosed? Does exercise help?
 What do I do if I have been diagnosed with Osteoporosis?
- 12.30 FABHealth - The importance of Iron in Women's Health**
- 1.15 Impotence Australia - Women and Sexuality**
 This seminar will look at women's sexual concerns women. Discuss assessment and treatment options for low/high sexual desire, pain on intercourse, spicing up intimacy and other issues.
- 2.00 Black Dog Institute**
 Cathy Owen - Omega 3 as a treatment for depression
- 2.45 Royal Hospital for Women**
- 3.30 Women's Health Australia Dr Anne Young**

SATURDAY 7

SEMINAR ROOM B

- 11.30 Women's Health Nurses**
 Linda Oliver - The importance of pap smears
- 12.30 IVFAustralia - Miscarriage Care – New immune tests for recurrent miscarriage** Dr Rob Lahoud, Fertility Specialist.
 For most women who suffer a miscarriage, a subsequent pregnancy is normally health. For some however, miscarriages continue to occur. Dr Lahoud provides an insight into the latest miscarriage research and how it may help these women.
- 1.15 NSW Midwives - "Midwives make it a labour of love"**
 The exploration of birth through a midwife's eyes. The presentation will address the unique relationship between women and midwives. The presentation will include an audiovisual representation of births with midwives.
- 2.30 University of Western Sydney**
 Professor Jane Ussher
- 3.15 The Sydney Institute for Obesity Surgeons**
 What is lap-band surgery 'what are the Benefits and complications that can happen and all the data about that. Obesity and it's medical problems like blood pressure 'sleep apnea...heart... 'joint pain etc.....
 All the studies about obesity and what other surgery is there .. How SIOS..... (SYDNEY INSTITUTE FOR OBESITY SURGERY) PROVIDE THE SERVICE AND ALL THE FOLLOW-UPS
 Why diets are not the answer and they don't work in the long run